

**GRADES K – 2:**

1. One of the main purposes of the teeth is to help you to talk. (T)
2. The part of the tooth above the gum line is the crown. (T)
3. The part of the tooth below the gum line is called the root. (T)
4. There are 22 teeth in the primary set. (F)
5. There are 32 teeth in the permanent set. (T)
6. The permanent set of teeth is the first set of teeth that you get. (F)
7. It is important to take care of both your primary and permanent teeth. (T)
8. Plaque is something that is in toothpaste that helps to protect the teeth. (F)
9. Plaque is something that builds up on your teeth and causes cavities. (T)
10. A hole that develops in your tooth because of too much sugary foods is called a fluoride. (F)
11. The build-up of plaque and acid on your teeth can cause a cavity. (T)
12. The proper way to brush your teeth is to dab toothpaste on and then rinse it off. (F)
13. The “Chew, Chew, Chew, Chew, Inside, Outside, Tongue” method is the best way to brush the teeth.  
(T)
14. The name of the hard, white covering on the outside of the tooth is called the enamel. (T)
15. You should visit the dentist only when your teeth start to hurt. (F)
16. Brushing and flossing will help to remove sticky plaque before it can cause a cavity. (T)
17. Sugary, sticky foods are great for your teeth because they help to clean your teeth while you are chewing. (F)
18. You should brush your teeth after every meal. (T)
19. Candy, cookies, and cake are all good foods for your teeth because they will not stick to your teeth and cause cavities. (F)
20. If you do not have a toothbrush, eating hard and crunchy fruits or vegetables like apples and carrots can actually help you to clean your teeth. (T)
21. The name of a clear plastic material that a dentist puts on the chewing surface of the tooth is called a sealant. (T)
22. As long as you brush every day, flossing isn't really important. (F)
23. Calcium is something that mixes with plaque and acid and causes cavities on the teeth. (F)

24. Milk, cheese, and yogurt are all great sources of calcium. (T)
25. The neck is the part of the tooth that passes through the gum. (T)
26. One of the main purposes of the teeth is to help you to breathe. (F)
27. Vitamin C is a vitamin that helps you to have healthy gums. (T)
28. The teeth in the front of your mouth that help you to cut your food are called molars. (F)

**GRADE 3:**

*(All questions from Grades 1 & 2 can be used as well as the following questions, which should only be used for Grade 3.)*

1. There are 8 cuspids in the primary set of teeth and 10 cuspids in the permanent set of teeth. (F)
2. You will start to get your primary teeth around the age of 6. (F)
3. You need to take care of your permanent teeth because they need to last forever. (T)
4. The gums are the pink, tough, flesh around the tooth. (T)
5. Bacteria, acid, and sugar must be present in order for a cavity to form. (T)
6. The combination of food particles and bacteria form plaque. (T)
7. Acid is a sticky, colorless bacterial film that forms on the teeth. (F)
8. In order to keep the teeth healthy, you must never eat any sweets in order to keep sugar off of your teeth. (F)
9. Fluoride chemically changes the tooth enamel, making it more resistant to plaque and bacteria. (T)
10. Even though raisins are good for the body, they are actually bad for the teeth because they are sticky and sugary. (T)
11. You should replace your toothbrush once every year. (F)
12. If you loose a tooth during an accident, the best thing to do is to try to put it back into your mouth until you can get to a dentist. (F)